



Recipes For Your Delight

www.oceanprime.ca

Ingredients:

8 oz	Crab Meat
1	Egg
1/4 Cup	Bread Crumbs
1/2 tsp.	Parsley Flakes
1 1/2 tsp.	Mustard
1/8 tsp.	Dry Mustard
1 1/2 tsp.	Melted Butter
1/2 tsp.	Lemon Juice
1 tbsp.	Mayonnaise
1 tsp.	Worcestershire Sauce

Crab Cakes

Cooking Instructions:

1. Combine all ingredients except crab meat.
2. Gently fold in crab meat. Shape into cakes.
3. Pan Fry. Makes 2-4 Crab Cakes

Your Seafood Source!